



# the Quick Release

[www.spflcycling.org](http://www.spflcycling.org)

October 2018



Kevin Brown's **ANNUAL HALLOWEEN PARTY**  
Friday October 26 at 6:00 PM

## OKTOBERFEST



Oct. 7 2pm (long ride)



**4<sup>th</sup> Annual** Saturday ~ October 13, 2018 ~ 8:00 AM  
**Bob Carmody Memorial Ride**

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*A few words from Tom Clark, SBC President*

## Incentive Awards

By Marty Celnick



Andrew Asher ( pictured above ) won Ride of the Month for his Biking & Boating Bonanza on August 19. A 35 mile road ride was followed by a boat ride on Lake Springfield for those who RSVP'd. Ernie DeFrates and Linda Butler won the monthly Ride Leader Incentive Award drawing, and a \$50 gift certificate at the bike shop of their choice. The Springfield Hams were voted the Almost Anything Award for their route & communication efforts for the Capital City Century.



This is my last column as SBC President. It's been a great ride! As I pedal off into the sunset, I know SBC will have a steady hand on the handlebars going forward.

By the time you read this, I expect that Scott Sievers will have been elected as our new President. Scott has a passion for bicycling. He leads by example and rides with every riding group in the club. Known for his Hellacious Hills rides, he is also organizing an SBC caravan for Hilly Hundred ( Oct. 5-7). As a League Cycling Instructor with League of American Bicyclists, Scott is well positioned to lead the club's continuing efforts to make the Springfield area more bike-friendly. I'll still be around town, working on bike-friendly stuff. Hope to see you soon at a ride or event!



## Secretary's Report

By Ted Sunder, Board Secretary

A warm welcome to our **new members**, and thanks to **renewing members** for their continued support.

### New Members

Keivan Shalileh  
Darlene & Craig Sim  
Beverly Sneath

### Renewing Members

Ben Stone  
Stephen Casper  
Kim Hayden  
Robert Sorenson  
Garland & Leslie Stevens  
Amy & John Engelmeyer

### Renewals at the Contributing Level

Stephen Paca & Kristina Mucinskas  
Mary Fairclough

### Renewals at the Sustaining Level

Jon Roth  
Alfred Arkley  
Troy & Michelle Gilmore  
Andrew & Carol Ascher

*Joining or renewing your membership is easy and there's no extra charge for doing it online. Go to the Membership page at [www.spfldcycling.org](http://www.spfldcycling.org). A printable membership form is also available online and in each month's QR.*

NOTE: Those joining or renewing after the 15th of the prior month will appear in next month's report. For June 2015 and beyond, Board meeting Minutes are posted online at [www.spfldcycling.org](http://www.spfldcycling.org).





# 4th Annual Bob Carmody Memorial Ride

Saturday ~ October 13, 2018 ~ 8:00 AM



## RIDE STARTS & ENDS AT 601 POINSETTIA PLACE

Buckley Ridge Estates - Off Meadowbrook Road - Springfield

**\*\*Check-In Begins at 7:30 AM ---- Ride Begins at 8:00 AM\*\***

| Ride Options   |
|--|
| 50 miles ~ Rest Stop at Union Park in Auburn (ABC)     |
| 25 miles ~ Rest Stop Along Route (CD)                  |
| 15 miles ~ Relaxed Pace ~ Sangamon Valley Trail (D/EZ) |



[SAG service ends at 1:00 PM ~ All riders asked to be off the route by that time]

This event celebrates Bob's passion for biking and his love of the outdoors. Please join us as we ride in his memory.

Event & Lunch Sponsored by  
R.E. Carmody & Associates &  
The Carmody Family

## LUNCH CATERED BY MCCORMICK'S STARTING AT 11:00 AM

**\*\*Please RSVP for Lunch at 217/685-0004 (call or text)\*\***

[EVENT OPEN TO THE PUBLIC - RIDERS & NON-RIDERS]

Donations will be accepted and given to the American Cancer Society to help those who are currently fighting cancer and to remember those who have lost their brave battle.

## \$1,000 WORTH OF PEDAL PRIZES - DRAWING AT 12:00 PM

Riders & anyone making a donation to the ACS are eligible

~You do not need to be present to win~

Marked Route

Rest Stops

SAG Service

Post Ride Party

Let's make the 40th Annual Oktoberfest the biggest and best yet!  
Party starts earlier, in order to host TWO BANDS.

### MUSIC!

DOUG STRAHAN & THE GOOD NEIGHBORS ([dougstrahanmusic.com](http://dougstrahanmusic.com)), from Austin, TX, hit the stage around 2:30, and ANTONE and WICK, local favorites, start their set at 7:00.

### FOOD!

We'll have brats and burgers around 3, with snacks, including Mike's Fabulous Fish, available earlier.

### BEER!

Expect Larry's always popular wine table set up, as well as flavorful German draught beers - including Spaten Oktoberfest (the original from 1260) and Erdinger Dunkel, the most delicious dark malty wheat beer ever. Not into fancy beer? I'll have a keg of American lager for you, too. Perhaps we'll even have an offering from local champion brewer Chuck Costello.

### FIRE!

The Oktoberfest is famous for bonfires. Expect another great one around dusk.

### BIKE RIDES!

30-mile bike ride leaves at 2:00.

15-mile bike ride leaves at 3:00.

### MARK YOUR CALENDARS FOR OCTOBER 7 - THE BIGGEST OKTOBERFEST YET!

As always, lawn chairs and carpooling are suggested.

Covered dishes welcomed.

Roger Schnelten 529 -0780  
245 Circle Drive (Laketown)  
Springfield, Illinois

## October 2018 Ride Schedule

For updates, corrections and last-minute changes to the ride schedule, please check the SBC website at [www.spfldcycling.org](http://www.spfldcycling.org). Unless otherwise indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

### Ride Classifications

**NC – Non-Cycling events.**

**MB – Rides suitable for mountain bikes.**

**EZ – For riders who prefer a pace under 10 mph.** These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group, and assistance is provided for flats and other minor mechanical problems.

**D – For novice or recreational riders.** Expect to ride at a pace of 10–12 mph, with rest stops as needed. Expect the ride leader or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.

**C – For competent riders with basic safety and bike handling skills.** These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12–15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.

**B – For strong, experienced riders with considerable group riding experience.** Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16–18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.

**A – For extremely strong and competitive riders with expert bike handling skills.** Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper ([records@spfldcycling.org](mailto:records@spfldcycling.org)).

Questions about leading a ride? Contact [vp@spfldcycling.org](mailto:vp@spfldcycling.org).

| Weekday Daytime Rides                      |  | <i>Check start times!</i>   |
|--|--|---|
| Monday through Friday<br>10:00 a.m.        | Morning Geezer Ride<br>Washington Park Pavilion on the South side of the park<br>Pete Gudmundson, 523-8200 | Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Pete can answer questions about this ride. <b>NOTE: Riders occasionally change the start time due to weather and other considerations. Please call ahead.</b>                       |
| Monday, Wednesday, and Friday<br>9:00 a.m. | Vredenburg Park<br>Saxon Dr & Crusaders Rd<br>Show-N-Go  | Weekday A/B Ride. The weekday ride is a No Drop Ride, but riders should be able to maintain speeds of 18-20 mph for 20 to 40 miles between stops. Usually includes a stop midway. For information about this ride, check Facebook at “Springfield IL Area Cycling” for updates. |
| Monday thru Friday<br>10:00 a.m.           | Daily Pana Trail Ride<br>Lake Taylorville parking lot, Rt 29<br>Pat Stephens, 287-7056                     | Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.  |
| Monday thru Friday<br>Noon                 | IDOT, Lost Bridge Trail<br>Dirksen Parkway<br>Show-N-Go  | ABC — Lunch Ride. Skip lunch and ride the trail. Riders may add a loop from Rochester. D riders are welcome to ride the trail but should be self-sufficient. Turn your miles in to the records keeper.  |
| Monday thru Friday<br>12:15 p.m.           | Strike & Spare<br>Durkin & West Lawrence<br>Dave Ross 789-4823   | BC — Westside Lunch Ride. We’ll hop on the Sangamon Valley Trail or head out into the country.  |
| Monday thru Friday<br>2:00 p.m.            | Vredenburg Park<br>Saxon Dr & Crusaders Rd<br>Tom Clark, 726-5560  | Weekday BCD Club Ride. Show-N-Go. Ride the trails or go out in the country. Turn in miles to the records keeper. There is no ride leader, but Tom can answer questions about this ride.   |

| Weekday Evening Rides  |   | Check start times!   |
|--|---|--|
| Mondays<br>5:30 p.m.   | Parking lot at east end of Wabash Trail by Sonic<br>Wabash Ave & Park St<br>Marty Celnick, 494-9967 | BC — Leave from the east end of the trail at 5:30 p.m. Those riding from Parkway Pointe theater (Lindbergh Blvd & Robbins Rd) will start a few minutes earlier to allow time to meet up with those riding from Sonic. This ride will get you 16 miles from Sonic or 21 miles from Parkway Pointe. Lights highly recommended.   |
| Tuesdays<br>5:30 p.m.  | IDOT<br>Dirksen Pkwy & Ash St<br>Show-N-Go  | BCD — Show-N-Go along the Lost Bridge Trail. Turn miles in to the club records keeper.   |
| Wednesdays<br>5:45 p.m.  | Sangamon Valley Trail<br>South End Parking Lot<br>Bunker Hill Rd<br>Ted Sunder, 698-9194            | BC – Ride along the Sangamon Valley Trail to Stuart Park for 12 miles round-trip, add an airport loop for an extra 3 miles, or take the new extension north for up to 24 miles. Lights highly recommended.   |
| Thursdays<br>5:30 p.m.   | IDOT<br>Dirksen Pkwy & Ash St<br>Show-N-Go  | Show-N-Go along the Lost Bridge Trail. Turn miles in to the club records keeper.   |
| Thursdays<br>5:30 p.m.   | BikeTek<br>957 Clock Tower Dr<br>Shayla Pfaffe, 836-3301  | B — <b>B-Tek Ride.</b> Build your speed and stamina on this quick (and sometimes hilly) no-drop ride of 25-35 miles. To receive information about upcoming rides, join the “Springfield Area B-Tek Cycling Group” on Facebook.   |
| Monday through Friday<br>5:30 p.m.   | Pana Trail, Lake Taylorville parking lot, Route 29<br>Charlie Witsman, 299-7038                     | Show-N-Go – Ride the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions.  |
| Weekend Daytime Rides  |   |  |
| 9:00 a.m.<br><br><b>NOTE: location and time may vary (see Facebook page)</b> | Vredenburg Park<br>Saxon Dr & Crusaders Rd<br>Show-N-Go   | Weekend A/B Ride. This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders and B-riders are welcome, but they should be self-sufficient or accompanied by an experienced rider. To receive information about upcoming rides, search “Springfield IL Area Cycling” on Facebook, then click on “Join Group.”  |
| Saturdays and Sundays<br>11:00 a.m.<br>NOTE TIME                             | Vredenburg Park<br>Saxon Dr & Crusaders Rd<br>Show-N-Go   | Weekend BCD Ride – Hit the trails or go out in the country. If the trail is not clear and dry but the roads are, start from west end parking lot on Robbins Road. Turn in your miles to the club records keeper. D riders can ride the trails but should be self-sufficient.   |
| Scheduled Rides and Events   |   | Check start times!   |
| Wednesday<br>October 3<br>7:30 p.m.<br>NOTE TIME                             | Residence<br>2301 Sangamon Avenue<br>Ken Anderson, 522-3876   | NC – Board Meeting. All SBC members are invited to attend the board meeting.   |
| Friday, October 5<br>to Sunday, October 7                                    | Edgewood Schools Campus<br>Ellettsville, Indiana<br>Scott Sievers, 801-2873                         | ABC – <b>SBC Hilly Hundred Caravan.</b> Join the Springfield Bicycle Club on its trek to enchanting Ellettsville, Indiana for the 51st Hilly Hundred on October 5-7! Along with literally thousands of other riders, you’ll ride 50 miles on Saturday and another 50 miles on Sunday, with shorter options available both days. The SBC Caravan will leave Springfield at 1 p.m. on Friday, October 5, and drive about four hours to the Hilly Hundred, which is near Bloomington, Indiana. Riders interested in joining this SBC Caravan should contact Scott at <a href="mailto:vp@springfieldsievers.org">vp@springfieldsievers.org</a> . Riders are responsible for registering themselves for the ride at <a href="http://www.hillyhundred.org">www.hillyhundred.org</a> and arranging for their own lodging. |

|  |   |  |
|--|---|--|
| Saturday<br>October 6<br>10:00 a.m.                | Residence<br>3916 Surry Place Lane<br>Mill Creek Subdivision<br>Alicia Bibb, 494-4134                       | BC – Alicia will lead us on a 24-mile, one-way ride to Rolling Meadows Farm Brewery for free snacks and paid beer. It's a six-mile ride back to her home from the brewery, or you can arrange with Alicia for a lift back.   |
| Sunday,<br>October 7<br>2:00 p.m.                  | Residence<br>245 Circle Drive<br>Roger Schnelten, 529-0780  | ABCD – <b>40<sup>th</sup> Annual Oktoberfest.</b> Jonathan Michael Roth will lead a new, 30-mile, BC-level ride starting at 2 p.m. A 15-mile CD-level ride will start at 3 p.m. Burgers and brats will come off the grill at 4:30 p.m., with snacks available around 3 p.m., including fish. Bring lawn chairs and a side dish. Bonfire at dusk. This year two bands are playing: Doug Strahan and his Good Neighbors from Austin, Texas, from 2-6 p.m., and Antone and Wick in the evening.   |
| Saturday,<br>October 13<br>8:00 a.m.               | 601 Poinsettia Place<br>Buckley Ridge Estates,<br>off Meadowbrook Road<br>Brenda Carmody-Price,<br>685-0004 | ABCD — <b>4th Annual Bob Carmody Memorial Ride.</b> This event celebrates SBC member Bob Carmody and his passion for biking and love for the outdoors. Ride 15, 25, or 50 miles, with rest stops on the two longer routes. Check-in begins at 7:30 a.m., with the ride starting at 8:00 a.m. SAG service ends at 1:00 p.m. A lunch catered by McCormick's Smokehouse and open to riders and non-riders alike starts at 11 a.m.; those planning to attend the lunch should RSVP by calling or texting (217) 685-0004. Donations to the American Cancer Society will be accepted. Those donating will be eligible to win pedal prizes worth \$1,000 at a noon drawing. |
| Sunday<br>October 14<br>10:00 a.m.                 | Waldrop Park<br>Andrews Road<br>Sherman<br>Karl Kohlrus, 544-8410   | BC – <b>Karl's Birthday Ride.</b> Come and help Karl celebrate by riding 30 to 52 miles with him either to Elkhart or Mt. Pulaski.   |
| Saturday<br>October 20<br>10:00 a.m.               | Stuart Park<br>Winch Road north of Route 97 and<br>Veteran's Parkway<br>Deb Cooper, 899-8385                | BCD – <b>Trail Trio Ride.</b> Follow Deb on three of the most popular bike routes in the area: the Sangamon Valley, Wabash, and Interurban trails. This ride of about 50 miles round trip will have shorter options available and will include a stop at Rolling Meadows Farm Brewery and may also include a stop at the Apple Barn or Scoop Du Jour in Chatham.   |
| Sunday<br>October 21<br>9:00 a.m.<br><br>NOTE TIME | Residence<br>3917 Surry Place Lane<br>Linda Butler & Ernie DeFrates,<br>971-1246                            | ABC – <b>Apple Dumpling Ride.</b> Linda will again present us with her wonderful apple dumplings and ice cream following a ride of 25-35 miles. Ernie will stay with the rearmost group. D riders can ride the trail but should be self-sufficient.  |
| Friday<br>October 26<br>6:00 p.m.                  | Residence<br>8 Bridge Terrace (off Outer Park)<br>Kevin Brown, 787-5652                                     | NC – <b>Annual Halloween Party.</b> Bring food and/or drink to share. Costumes are strongly encouraged but not required. Overflow parking in the school lot off Chatham Rd, at the top of the street on other side of fence. Kevin will provide two pots of soup, one of them vegetarian. Bring potluck items and spooky treats to share.  |
| Saturday<br>October 27<br>9:00                     | New Salem State Park<br>Visitors Center parking lot<br>Rt 97, Petersburg<br>Anne (Baker) Schroll, 414-4101  | BC – <b>Intro to Gravel Ride.</b> Anne will show us what gravel grinding is all about! At a conversational pace of about 10-12 mph, this ride will head over gravel and country roads towards Tallula for about 35 miles roundtrip. Riders are encouraged to pack enough food and water for three or four hours, as there are no food or water stops along the way. After the ride, head to Hand of Fate Brewing Co./Dr. Ugs Café in Petersburg to refuel.   |
| Sunday<br>October 28<br>10:00 a.m.                 | Vredenburg Park<br>Saxon Dr & Crusaders Rd<br>Ted Sunder, 698-9194  | BCD – <b>Boo Cruise.</b> With Halloween right around the corner, follow Ted—if you dare—on a pedaling tour of rural cemeteries. (But beware: Dr. Sunder has a thing for BRAINS!) This ride offers 25, 31, and 43-mile route options. D riders can ride the trail but should be self-sufficient.  |

### Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR. *NOTE: 'Other area ride' miles count for club miles, as they are organized rides.*

| Other Area Rides & Events                         |   |  |
|---|---|--|
| Tuesdays & Thursdays<br>5:45 p.m.                 | BikeTek<br>957 Clock Tower Dr<br>Show-N-Go  | <b>Salisbury Hill Ride.</b> This is a challenging ride of about 25 miles on a hilly course, with speeds in excess of 20 mph. Lead riders often slow to allow others to regroup on the hills. Riders sprint on Bruns Lane and again on Churchill Road. This ride is good for cyclists learning the skill of riding in a large group.  |
| Tuesdays & Thursdays<br>5:45 p.m.                 | BikeTek<br>957 Clock Tower Dr<br>Show-N-Go  | <b>Team MACK Training Race.</b> For newer riders looking to race, this 32-mile ride offers a great opportunity to improve your top-end speed and race skills. Riders average 23-28 mph and ride in pace lines. Road bikes preferred. Cyclists will sprint five times on the Tuesday night rides.   |
| Wednesdays<br>5:30 p.m.                           | WheelFast<br>17 Cottonwood Drive<br>Chatham, IL 62629<br>Matt Saner, 483-7807                                     | <b>ABC — WheelFast Road Ride.</b> Intermediate training ride. Meet at the bike shop and plan on 16-20 miles.   |
| Wednesday<br>October 3<br>5:45 p.m.               | New City Church parking lot<br>New City Rd, Pawnee<br>Steve Schien, 741-8388                                      | <b>New City Time Trials.</b> This is a non-affiliated 10.85-mile time trial on Pawnee New City Road. Most riders are seeking to improve their cycling ability and personal time-trial speed. All are welcome to participate. Check in immediately after arriving. The goal is to send off the first rider at 6:00 p.m. Riders are started in 15-second intervals with the slower riders first. Bring \$2 for the timer. Lights recommended. Call or text Steve to be added to the email group for updates.   |
| Sunday<br>October 7<br>8 a.m. to 10 a.m. check-in | Oak Hills Golf Course & Winery<br>18698 Country Club Rd<br>Girard IL  | <b>Macoupin Valley Trail Country Tour 2018 Bike Ride.</b> Routes of 10, 20, and 40 miles. Food, live music, 50/50 raffle, silent auction, discounted golf for registrants. \$40 through Oct. 6. Add a t-shirt to your registration for \$15. Proceeds will help develop the Macoupin Valley Trail. Register online at <a href="http://getmeregistered.com/MVTCountryTour2018">http://getmeregistered.com/MVTCountryTour2018</a>  |
| Saturday<br>October 13<br>9:00 a.m.               | Carlinville Plaza<br>Carlinville, IL 62626<br>Scott Stinson, (314) 550-6561                                       | <b>Fourth Annual Tour de Milk</b> — Both a ride and a race, this timed event features routes of 66 and 33 miles and wends its way through the campus of Blackburn College. Includes SAG service and multiple food/water stops, with plenty of Prairie Farms chocolate milk at the finish. The top two male and female finishers for each route receive trophies, and the first rider to finish each route on an electric bicycle (e-bike) also will receive a trophy. Prizes will be awarded for the best decorated bike/rider with a Halloween theme. Registration is \$35 and includes a Dri-Fit t-shirt while supplies last and entry into a raffle for a Specialized Allez road bike from WheelFast in Chatham. Proceeds benefit the Carlinville Food Pantry and Winning Communities Bike Trail efforts. <a href="https://www.bikereg.com/tourdemilk">https://www.bikereg.com/tourdemilk</a> |
| Friday<br>October 26<br>5:30 p.m.                 | Capitol Area Visitor's Center<br>College & Edwards Streets<br>(lot entrance on Edwards)<br>Alan Escobar, 638-9523 | <b>Critical Mass Ride.</b> Ride for about 1 hour at a slow pace. Suitable for all bikes. Critical Mass is a worldwide event held the last Friday of every month. All riders are welcome to join in a celebration of riding bicycles. Why? Because bikes are fun!   |
| Saturday<br>October 27<br>9:00 a.m.               | Lake Lou Yaeger Recreation Area,<br>Picnic Area #3<br>Litchfield, IL 62056  | <b>Harvest Hootenanny Biathlon.</b> This event comprises a 5K run followed by a 15-mile bike ride. Pre-registration is \$50; \$60 day of race. Long-sleeve shirt guaranteed for those who register prior to October 12. USA Triathlon membership required. <a href="http://mmmultisport.com/harvest-hootenanny-5k/">http://mmmultisport.com/harvest-hootenanny-5k/</a>   |

## CCC Weekend 2018

by Harv Koplo, 2018 CCC Chair

In February 2018, the Governor's Office of the Bicentennial honored us by requesting that we act as a partner in the official Bicycle Ride of the Illinois Bicentennial, the Prairie Heritage Ride. This event was envisioned as a 7-day Gran Fondo, comprised of two days of road rides on Saturday and Sunday offered by SBC, and a five-day bicycle tour of central Illinois organized by Bicycle Illinois, that followed on Monday through Friday. Hosted at the Illinois State Fairgrounds by Department of Agriculture, this event was to be a celebration of Illinois agriculture and history through bicycle tourism. Once asked, we felt it was our civic duty to participate. Due to a lack of registered riders, Bicycle Illinois cancelled their part of the event just before CCC Weekend began, and we inherited the full Prairie Heritage Ride title that we had shared with them.

For the expanded CCC weekend event that featured a Metric Century on Saturday and our Classic Century on Sunday, we decided that instead of following our usual fee structure based on Century mileage, we would charge one rate for the entire weekend -- one for individuals and one for families, with early bird and pre-event registration discounts. We understand that this caused some controversy. So did our decision to start at the Fairgrounds and run Loop 1 through Springfield, which was a result of agreeing to be part of the Bicentennial Ride. Before we agreed to do so, we had planned to start from UIS. The addition of the five-day tour starting on Monday at the Fairgrounds led us to move our Saturday and Sunday rides there.

### Saturday

On Saturday we had a Metric ride (shortened by weather to a half metric) and a well-received Historic Ride led by Troy Gilmore, Superintendent of Springfield Historic Sites. We hosted a "Loops-A-Palooza" cycling celebration and packet pickup festival at The Shed that featured 10 different bicycling-related organizations, including four -- City of Springfield, University of Illinois at Springfield, Maldaner's Restaurant, YMCA -- that had recently received "Bicycle Friendly" designations by League of American Bicyclists. We hired the band "The Loops" (paid for via sponsorships) to play live music. Nuthatch Hill BBQ provided a food truck, and the caterer "Just The Basics" provided local craft beer and wine for purchase.

### Sunday

Sunday's activities included our CCC Classic Century Ride -- starting from the state fairgrounds and using Chatham as our central food stop. The food stop at the Chatham American legion was well received -- they bent over backwards to accommodate us -- and our staff there did a great job by all reports. Many who rode through Springfield enjoyed the experience during the quiet Sunday morning, while others skipped the in-town ride and started from Chatham. We had designed the route so that a metric and full century could be ridden from either starting point, or a double metric could be ridden starting from the state fairgrounds. Our Post Pedalin' Party was held at the Illinois Building at the fairgrounds.

The rain threw us for a loop this year. Given the forecast of 100% rain for Friday, our Marking team sprang into action on Wednesday and Thursday, marking 125 miles of turns along our routes with painted arrows, and in town, with route arrow stickers. Due to the shift in time, only about half of our markers could participate. They spent many hours -- one intrepid volunteer spent 12 hours straight - placing route arrow stickers in Springfield alone, only to find on Sunday morning that the torrential downpour had washed them all away. Luckily, our Marking team and the Comm/Ops team rushed out and installed above ground signs on Sunday morning once we found out the problem existed, but a number of riders had already passed.

Because there is no kitchen at the Illinois Building, we had Nelson's cater our Sunday meal. Folks consumed six 1/3 barrel kegs of beer from local craft breweries. Music was provided at our Post-Pedal'n Party by Antone & Wick, favorites from Roger's Oktoberfest these many years. We apologize for the horrible acoustics that made it hard to enjoy them.

Whew! What a weekend! We had no idea how much work it would take to pull it off, especially with the rains, which were gone by Saturday night. Unfortunately, many were unaware of the change in the forecast for Sunday, when day of event registration was low. We've begun mailing t-shirts to a number of pre-registrants who were no-shows during CCC Weekend.

We have begun discussing what we should consider for next year. Should we have a weekend or a one day event? Where should it be held? What routes should be used? What price structure and pricing? What food service? Do folks want a Packet Pickup Party with music? What kind of food and from where?

Despite the many challenges we faced, this year's Capital City Century was a successful event according to folks that showed up at the Post Pedalin' Party and the initial rider surveys that have been returned. We will be paying close attention to our rider surveys and input from riders and members as we design next year's CCC. Stay tuned for further information!



## Thank You, CCC Volunteers!

Harv Koplo, Capital City Century Chair

135 Springfield Bicycle Club, community, and high school student volunteers staffing 160 volunteer opportunities helped make our 46<sup>th</sup> annual Capital City Century on Saturday and Sunday, September 8<sup>th</sup> and 9<sup>th</sup>, a big success. The weather was challenging at times, and our total registered rider count was down (465), but they had wonderful rides!

Our new food stop at the Chatham American Legion was well-received. They bent over backwards to accommodate us. Our CCC volunteers performed a wide range of tasks needed to plan, prepare, set up, implement, and wrap up this large-scale recreational cycling and community weekend, the planning of which by our routes committee started last December! Our volunteers worked long hours (some long weeks!) and made multiple contributions. Many passed up an opportunity to ride to help stage this bicentennial weekend.

Our 2018 volunteers included SBC club members and friends, Ski Club members, National Honor Society students from Auburn and Springfield high schools and Key Club students from Glenwood High School, all of whom were tremendous workers. Our CCC Comm/Ops Team—amateur radio hams who have provided field operation expertise for a number of years now—did an exemplary job. That team included EMTs, firefighters and many others trained in emergency communications who insure the health and safety of our riders and make sure items get to where they need to be when they need to be there.

We also want to thank Platinum Sponsor Springfield Clinic and graphic artist Colby Baumberger for their invaluable assistance with event marketing, Primo Design and Brian Williams for their T-Shirt design, and Bronze Sponsor FitClub and Amanda Gardner for graphic design and map development. These and other sponsors including Gold Sponsor Bank of Springfield, Silver Sponsors Team Waldo and MJ Kellner, and Bronze Sponsors Ace Bicycle Shop, BikeTek Inc., Maldaner's Restaurant and Catering, R & M Cyclery, Spinner Plastics Inc., Springfield Bicycle Doctor & Wheel Fast Bicycle Company, all made financial contributions and/or donated goods or services in support of the event. Ace, Wheelfast and BikeTek supplied bicycle mechanics at three stations.

The reason our CCC Weekend was so successful is easy to determine: It is because of the excellent job performed by every one of our volunteers. Our riders had a safe, enjoyable, fun ride because our volunteers had fun doing their jobs so well. The following list of these great volunteers is complete to the best of our knowledge. If you know someone who we missed, please advise me. We'll post a supplemental list on the SBC web site and include their names in the next newsletter.

|                 |   |
|-----------------|---|
| Event Chair     | Harv Koplo  |
| Volunteer Chair | Alicia Bibb   |
| Treasurer       | Jim Hajek   |
| Data Committee  | Harv Koplo (chair), Alan Whitaker, Tom Clark, Chanell Hamilton  |
| Packet Pickup   | Heather Copelin (chair), Deb Cooper, Cindy Kvamme, Connie Panichi, Jennifer Carmody-Bartlett, Carla Royer, Susan Collins, Jennifer Rockwell, Heather Dunn, Ryan Dunn, Abby Easley, Brenda Price |
| Registration    | Heather Copelin (chair), Connie Panichi, Andrew Asher, Betsy Miller, Alicia Bibb, Cheryl Castles, Jim & Gladys Hajek, Bob Steimel, Kevin Greene   |
| Packet Stuffing | Deb Cooper, Cindy Kvamme, Harv Koplo, Annette Chinuge, Karin Bell, Betsy Miller, Cindy Moreno, Brenda Price, Mark & Barbara Rabin   |
| T-Shirt Sales   | Cindy Kvamme (Chair), Elizabeth Miller  |
| Marketing       | Tom Clark (chair), Jennifer Ronen Walker  |
| Photography     | Harv Koplo (chair & photo booth), Raymond Panichi   |
| Food Chair      | Jim Elliot  |
| Baked Goods     | Sandra Elliott (chair)  |

|                                 |   |
|---------------------------------|---|
| IL Building                     | Deb Cooper (House Manager), David H Flint, Ben Fox, Cathy Fox, John Kinsel, Ann Aldrich, Alicia Bibb, Lucas Lu  |
| IL Bldg Food                    | Annette Chinuge (Food Line chair), David Chinuge, Connie Panichi, Auburn NHS Students Devon & Charity, Springfield NHS Students Brittany & Bryce McMinn   |
| Chatham Stop                    | Sue Hack (Chair), Judy Nesbitt, Linda Lafferty, Sam Maggio, Rick Griminger, Mark Grieve, Tom King, Francie King, Christine Kohlrus, Linda Butler, Jon Edwards, Sarah Moore, Corrine Moore, Judy Shipp, Chatham Key Club Students: Grace, Sydney, A'Radiance, Kylie, Kerry, Hayden, Nancy, Taylor, Neala   |
| Thayer Rd Stop                  | Kevin Brown, Ernie DeFrates, Karol A Young, Elizabeth Sievers, Madeline Sievers, Stephanie Sievers  |
| Centennial Stop                 | Ken Anderson (chair), Vicki Berry   |
| Sat. Athens Stop                | Connie Panichi  |
| Route Chair                     | Tom Clark   |
| Route & Maps                    | Derek Ewing, Tom Clark, Harv Koplo  |
| Route Marking                   | Troy Gilmore (chair), Tom Clark, David Kalaskie, Connie Panichi, Scott Bell, Bill Bock, Ernie De Frates, David Kalaskie, Bill Schultz, Manish Sumant, Nick Sunder, Ted Sunder, Charles Witsman  |
| Route Checking<br>& Small Signs | Ted Sunder (Chair), Tom Clark, Alicia Bibb, Troy Gilmore, Jordan J Litvak, John Kinsel, Kathryn Hanlon, Mike Long, Becky Smith  |
| Caution Signs                   | John Williams, Ted Sunder, Joel Johnson, Scott Sievers, Troy Gilmore  |
| SVT Bike SAG                    | Ted Sunder  |
| Chatham Traffic                 | Kristina & Peter Mokhoff  |
| Comm/Ops/<br>SAG Svc            | Jess Hunter-W9ABS (chair), Chanell Hamilton (Comm Liaison), Ron Rodvelt-KC0QIG, Rich Marx-KB9TZS, Jeremy Wells-KC9WMV, Rick Smith-KD9IEE, Al Tabor-N9MAF, Chris Izatt-KC9KUN, Merle King-N9ZTK, David Bruce-AB9YG, Ken Owens-KA9VYN, Judy Owens-KD9BAV, Ben Gaul-N9HHI, Chris Licht-K9NNC, Jon Trepal-N9LVV, Mark Kerhlikar-WD9HBF, Craig Wadsworth-W9CTW, John Nalezty-KD8KVO, Nick Skaggs-N9BIG, Sharon Robson-KC9UJB, Ray Lloyd-N9EDB, Ben Royer-N9RYR, Ryan Juhl-KC9MHG, Jennifer Juhl-KD9DQA, Ron Ochu-KO0Z, Debbie Ochu-KC9ULA, Craig Held-WX9CAH, Mary Twigg-W9MAP, Patrick Twigg-N9OQT, Tim Peters-WD0CMB, Matt Joseph-KD9IUV, Mike Cherry-K9DMT, Andrew Gochenour-KD9JES, Harv Koplo-K9HAK |
| Information                     | Scott Sievers (Illinois Building), Judy Shipp (Chatham)   |
| Parking                         | Robert LaBonte (chair), Alicia Bibb   |

We apologize to anyone whose name we failed to mention. The many faithful volunteers who come out every year help make this a great event—it couldn't be done without you! Your efforts are greatly appreciated! Let friends know how much fun you had so they can join us next year!



# **Springfield Bicycle Club Membership Application**

☐ New Member

☐ Renewing Member

☐ Change of Address

|                    |  |     |
|--------------------|--|-----|
| Name               |  |     |
| Address            |  |     |
| City               |  |     |
| State              |  | Zip |
| E-mail Address(es) |  |     |
| Phone(s)           |  |     |
| Birth date*        |  |     |

## **Type of Membership (check one):**

☐ Individual: \$20 per year

☐ Family: \$25 per year

☐ Contributing: \$30 per year

☐ Sustaining: \$50 per year

☐ Patron: \$100 per year

☐ Corporate: \$100 per year

## **Family Member Information**

|         |             |
|---------|-------------|
| Name 1: | Birth date* |
| Name 1: | Birth date* |
| Name 1: | Birth date* |
| Name 1: | Birth date* |

I would like to opt out of: ☐ Club e-mail announcements

☐ Quick Release mailing (issues are available at [www.spfldcycling.org](http://www.spfldcycling.org))

I would like to help with SBC activities: ☐ Yes ☐ No

If yes, please check any specific areas of interest:

☐ Lead bike rides

☐ Help with social activities

☐ Help with bicycle advocacy

☐ Help w/ Capital City Century

☐ Serve on the SBC Board

☐ Other \_\_\_\_\_

## **Legal Waiver**

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

|                  |              |
|------------------|--------------|
| Signature:       | Date Signed: |
| Parent/Guardian: | Date Signed: |

## **Official SBC Name Badge**

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: \_\_\_\_\_

\*providing birth dates is optional, but recommended to help us keep track of club demographics.

### **NEW MAILING ADDRESS**

Springfield Bicycle Club  
Post Office Box 13035  
Springfield, IL 62791-3035

Springfield Bicycle Club  
Post Office Box 13035  
Springfield, IL 62791-3035  
Address Service Requested  
Not for Commercial Use

Presorted Standard  
U. S. Postage Paid  
Springfield, IL  
Permit #800

## **Springfield Bicycle Board Members**

### **President**

Tom Clark  
726-5560  
president(at)spfldcycling.org

### **Treasurer**

Jim Hajek  
698-7626  
treasurer(at)spfldcycling.org

### **Legislative/Education**

Bill Donels  
546-8036  
legislative(at)spfldcycling.org

### **Membership**

*Position combined with  
Secretary position; see  
Membership Secretary*

### **Vice President**

Scott Sievers  
801-2873  
vp(at)spfldcycling.org

### **Special Events & Projects**

Harv Koplo  
899-9175  
events(at)spfldcycling.org

### **Web Editor**

Alan Whitaker  
494-6807  
web(at)spfldcycling.org

### **At-Large Members**

Ken Anderson  
Andrea James  
Cindy Kvamme  
Nancy Thompson  
at-large(at)spfldcycling.org

### **Membership Secretary**

Ted Sunder  
971-3193  
secretary(at)spfldcycling.org

### **Records**

David McDivitt  
787-5964  
records(at)spfldcycling.org

### **QR Editor**

Chris Cormaney  
415-0584  
editor(at)spfldcycling.org

### **Recording Secretary**

Alicia Bibb  
494-4134  
recording(at)spfldcycling.org

### **Social Chair**

Gladys Hajek  
698-7626  
social(at)spfldcycling.org

### **Incentive Chair**

Marty Celnick  
553-2297  
Incentive(at)spfldcycling.org

### **Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40**

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.

**QR Deadline is the  
15th  
of the month**